



DENTAL RESTORATIONS

Your child has had dental restorations done at today's appointment. Your child may have had white composite or silver amalgam fillings placed. Please take precautions if your child was numbed for the treatment that your child does not bite their tongue or lip. Continue to give soft foods only until the numb feeling has gone away.

White fillings set completely immediately after they are placed, so as soon as the numbness from the anesthetic subsides, your child may eat normally.

Silver amalgam fillings are not completely set immediately after the appointment. We ask that you give your child soft foods only for the first day after the treatment appointment. Your child may eat normally the day after the appointment. Please continue to brush and floss normally.

Your child may mention that their bite feels different on the first or second day. This is normal, and should resolve in the first couple days. If this feeling persists, please let us know, and we can check and adjust the filling if needed.

It's normal to experience some sensitivity to heat, cold and pressure for the first few days after your child's appointment. Also, expect your child to have some soreness in their gums for a few days. Rinsing with warm salt water can help to alleviate discomfort and swelling. Dissolve a teaspoon of salt in a cup of warm water, and then have your child gently swish the water around the tooth and spit. If the soreness or sensitivity lasts for more than a week, please call our office.