



## Strip Crown Post-Operative Instructions

Your child has had one or more teeth restored with strip crowns. The crowns are made of white composite filling material and are bonded to the existing tooth. Also, your child has been numbed for this treatment. Please watch your child carefully to prevent any lip or tongue biting while your child is numb.

Your child should not bite into anything hard with strip crowns. Strip crowns are not as strong as stainless steel crowns or the natural tooth, and there is an increased chance that a piece or corner of the crown may fracture off when biting into anything hard. Foods such as apples and carrots be cut and eaten with the back teeth to reduce the chance of damaging the crown. Strip crowns may be dislodged or pulled off by sticky foods or candy.

Anterior crowns need good preventive care since they are quite vulnerable to sugar and acid, over time they do have absorb stains and discolor. It can also attract plaque if not kept clean. It is not unusual for the gum tissue around the newly restored tooth to be slightly irritated and inflamed for several days. This can be eased by using saltwater rinses while the irritation persists. The area should be gently brushed today, gradually increasing to normal toothbrush pressure in a few days.

If the strip crowns is on a primary tooth, the crown will fall out with the tooth when the permanent tooth is ready to erupt. Should a crown become loose or dislodge prematurely you should contact the office to have it re-evaluated as soon as possible.