EASTSHORE PEDIATRIC DENTAL GROUP
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After-Visit Guide: Curodont Repair

Curodont Repair is a non-drilling treatment used for selected early enamel lesions before a cavity forms. Its goal is to support remineralization.

1 The First 30 Minutes

- Avoid food and drinks: Do not eat, drink or rinse for 30 minutes after treatment, unless your dentist provided different product-specific instructions. This includes water.
- After 30 minutes: Your child may generally return to normal food and drinks. No numbing medicine is typically needed for this application.

2 Home Care Starting Tonight

- Brush: Continue brushing twice daily with fluoride toothpaste. An adult should help or supervise young children.
- Floss: Floss between teeth daily, especially where early lesions can form between adjacent teeth.
- Food and drinks: Limit frequent sipping of sweet drinks and grazing on sugary snacks. Offer plain water between meals.

3 What to Expect Over Time

- Gradual process: Changes in an early enamel lesion are monitored over weeks to months; you may not see a visible change.
- Not a filling: Curodont is for selected non-cavitated early lesions. If a hole has formed or decay progresses, a filling or another treatment may still be necessary.
- Follow-up: Keep the next examination as recommended so we can assess the tooth and decide whether another application or other care is appropriate.

When to contact our office

Call (510) 964-0168 for unexpected tooth pain, sensitivity, swelling or other concerns. Treatment does not guarantee an early lesion will stop progressing.