EASTSHORE PEDIATRIC DENTAL GROUP
TERI L. KIM, DDS • THEA S. DOSANJH, DDS

2000 Appian Way, Suite 303
Pinole, CA 94564
(510) 964-0168
eastshorepediatricdental.com

After-Visit Guide: Silver Diamine Fluoride

Silver diamine fluoride (SDF) is painted onto a tooth to help arrest or slow decay. The tooth does not regain its original shape from SDF alone.

1 What to Expect

- Dark color: Decayed areas treated with SDF often turn dark brown or black, and the discoloration can be permanent. Healthy enamel is generally not darkened.
- Temporary staining: SDF may temporarily stain skin or soft tissue; contact with clothing or other surfaces can leave difficult-to-remove stains.
- Taste: A temporary metallic or unusual taste may occur.

2 Eating & Drinking

- First hour: Follow the dentist’s instructions. Our draft aftercare recommendation is to wait 1 hour before eating or drinking, unless the treating dentist instructs otherwise.
- Afterward: Normal eating and drinking can usually resume, unless other procedures performed today require restrictions.

3 Home Care & Follow-Up

- Brush and floss: Continue gentle twice-daily brushing with fluoride toothpaste and daily flossing.
- What SDF does: It may stop or slow dental decay but does not rebuild lost tooth structure or permanently restore a damaged tooth.
- Future visits: We will monitor the tooth and may recommend another SDF application, a filling, a crown or other treatment if needed.
- Watch symptoms: Persistent pain, new swelling or fever needs prompt assessment; SDF does not treat a dental abscess.

When to contact our office

Call (510) 964-0168 for persistent pain, swelling, sensitivity or if a tooth breaks. Seek urgent care for rapidly worsening facial swelling or difficulty breathing.